

## Hoss's Nutritional Information - Bread Bar



Item Name	Serving Size	Calories	Total Fat (g)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)
<b>Bread</b>							
Cinnamon Bread	2 slices	130	3	220	24	1	4
Garlic Bread	1 slice	100	4	170	14	1	6
Multi-Grain Bread	2 slices	140	1	240	27	2	5
Raisin Bread	2 slices	130	2.5	180	24	1	3
White Bread	2 slices	110	1	280	22	1	4
<b>Dinner Rolls</b>							
Honey & Wheat Dinner Rolls	1 roll	130	2	230	25	2	4
Italian Dinner Rolls	1 roll	100	1	190	20	<1	3
Sweet Dinner Rolls	1 roll	100	1.5	170	19	<1	3
Tuscan Ciabatta Rolls	1 roll	110	0.5	260	22	<1	4
<b>Bread Bar Extras</b>							
Apple Butter	1 Tbsp	30	0	0	8	0	0
Butter	1 Tbsp	100	11	90	0	0	0
Margarine	1 pat	20	2.5	35	0	0	0
Peanut Butter	2 Tbsp	200	16	140	6	2	7

Hoss's has made an effort to provide complete and current nutritional information, but changes in recipes and suppliers of our menu items mean that variations from these values can occur from time to time. Therefore, the values shown here should be considered approximations. In addition, guests who have food allergies or dietary needs should not rely solely on this information as a basis for deciding whether to consume a particular menu item.

\*We cook Using Trans Fat Free Oil!