

## Hoss's Nutritional Information - Dessert Bar



Item Name	Serving Size	Calories	Total Fat (g)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)
<b>Dessert Bar Items</b>							
Apple Sauce	1/2 cup	90	0	10	22	2	0
Bread Pudding	1 square	220	5	180	36	1	7
Cones	1 cone	20	0	5	4	0	0
Cookie - Chocolate Chip	1 cookie	130	6	115	17	0	1
Cookie - Oatmeal Raisin	1 cookie	110	4	120	18	<1	1
Cookie - Peanut Butter	1 cookie	150	9	105	14	<1	2
Cookie - Snickerdoodle	1 cookie	130	7	90	16	0	1
Cookie - Sugar	1 cookie	140	7	95	16	0	1
Cookie - Sugar-Free Chocolate Chip	1 cookie	110	5	60	18	0	1
Cottage Cheese	1/2 cup	90	1.5	490	6	0	12
Gelatin - Cherry	1/2 cup	80	0	115	18	N/A	1
Gelatin - Citrus	1/2 cup	70	0	115	17	0	1
Gelatin - Lemon	1/2 cup	80	0	110	18	N/A	1
Gelatin - Lime	1/2 cup	80	0	110	18	N/A	1
Gelatin - Orange	1/2 cup	80	0	125	18	N/A	1
Gelatin - Raspberry	1/2 cup	80	0	125	18	N/A	1
Gelatin - Red	1/2 cup	70	0	90	17	0	1
Gelatin - Strawberry	1/2 cup	80	0	125	18	N/A	1
Gelatin - Sugar-Free Cherry	1/2 cup	10	0	35	1	0	1
Gelatin - Sugar-Free Orange	1/2 cup	10	0	70	1	N/A	1
Orange Pineapple Delite	1/2 cup	120	2	10	26	0	0
Peaches	1/2 cup	50	0	5	12	1	<1
Pears	1/2 cup	60	0	5	14	2	<1
Pineapple	1/2 cup	80	0	0	19	1	0
Pudding - Butterscotch	1/2 cup	200	9	160	29	0	2
Pudding - Chocolate	1/2 cup	200	9	140	29	<1	2
Pudding - Fat-Free Chocolate	1/2 cup	100	0	160	23	<1	2
Pudding - Fat-Free Vanilla	1/2 cup	110	0	190	25	0	2
Pudding - Sugar-Free Chocolate	1/2 cup	90	3	360	16	1	1
Pudding - Tapioca	1/2 cup	190	8	230	27	0	2
Pudding - Vanilla	1/2 cup	190	9	180	26	0	2

Soft Serve (Galliker's) - Chocolate	3.5 oz	140	3.5	90	23	<1	4
Soft Serve (Galliker's) - Vanilla	3.5 oz	140	4	100	23	0	4
Soft Serve (Ritchey's) - Chocolate	1/2 cup	110	4	75	15	<1	3
Soft Serve (Ritchey's) - Vanilla	1/2 cup	110	4	75	15	0	3
Frozen Yogurt (Galliker's) Fat-Free Sugar-Free	3.5 oz	110	0	95	27	<1	5
Strawberry Pineapple Delite	1/2 cup	120	2	10	26	0	0
Item Name	Serving Size	Calories	Total Fat (g)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Protein (g)
<b>Toppings</b>							
Butterscotch	2 Tbsp	130	0	410	33	0	0
Candy Buttons	3.5 oz	460	16	90	76	0	2
Caramel	2 Tbsp	100	1	135	22	0	<1
Chocolate	2 Tbsp	100	0	90	23	<1	<1
Chocolate Chips	1/4 oz	36	2	2	5	<1	<1
Chocolate Non-Pareils Mini White	3.5 oz	450	21	6	72	4	3
Cinnamon Granola	1/4 oz	8	0	<1	1	<1	<1
Cookies-n-Cream	1/4 oz	32	1.15	33	5	<1	<1
Granulated Peanuts	1/4 oz	41.5	3.5	0.5	1.5	<1	2
Gummi Bears	3.5 oz	350	0	88	85	0	5
Hot Fudge	2 Tbsp	140	6	75	21	0	1
KOKO Bits	1/4 oz	36	2	2	5	0	0
Peanut Butter	2 Tbsp	210	19	150	7	<1	4
Rainbow Sprinkles	1/4 oz	32	1	4	6	0	0
Raisins	1/4 oz	23	0	<1	5.5	0	<1
Strawberry	2 Tbsp	60	0	10	15	<1	0
Whipped Topping	2 Tbsp	25	2	5	2	0	0

Hoss's has made an effort to provide complete and current nutritional information, but changes in recipes and suppliers of our menu items mean that variations from these values can occur from time to time. Therefore, the values shown here should be considered approximations. In addition, guests who have food allergies or dietary needs should not rely solely on this information as a basis for deciding whether to consume a particular menu item.

\*We cook Using Trans Fat Free Oil!