

## Hoss's Nutritional Information - Soup Bar



| Item Name                 | Serving Size | Calories | Total Fat (g) | Sodium (mg) | Carbs (g) | Dietary Fiber (g) | Protein (g) |
|---------------------------|--------------|----------|---------------|-------------|-----------|-------------------|-------------|
| <b>Soups</b>              |              |          |               |             |           |                   |             |
| Beef Rice                 | 8 oz         | 120      | 2             | 1300        | 15        | 0                 | 9           |
| Beef Vegetable            | 8 oz.        | 120      | 5             | 320         | 8         | 2                 | 10          |
| Boston Clam Chowder       | 8 oz         | 190      | 9.1           | 970         | 18.8      | NA                | 8.3         |
| Broccoli Cheese           | 8 oz         | 230      | 11            | 730         | 25        | 2                 | 8           |
| Chicken Corn Rivel        | 8 oz         | 130      | 3             | 300         | 18        | 1                 | 10          |
| Chicken Noodle            | 8 oz.        | 240      | 7             | 1180        | 35        | 2                 | 10          |
| Chicken Rice              | 8 oz         | 120      | 2             | 310         | 14        | 0                 | 9           |
| Chili                     | 8 oz.        | 260      | 10            | 780         | 20        | 6                 | 22          |
| Chili - White Chicken     | 8 oz.        | 160      | 6             | 1080        | 20        | 4                 | 6           |
| Country Beef Vegetable    | 8 oz         | 90       | 2             | 1300        | 10        | 2                 | 9           |
| Country Chicken Vegetable | 8 oz         | 80       | 2             | 270         | 8         | 2                 | 8           |
| Crab Corn Bisque          | 8 oz         | 260      | 14            | 950         | 25        | 0                 | 11          |
| French Onion              | 8 oz         | 25       | 0.5           | 500         | 3         | 0                 | 1           |
| Ham Green Bean Potato     | 8 oz         | 120      | 3             | 1170        | 15        | 3                 | 8           |
| Ham Pot Pie               | 8 oz         | 160      | 4             | 1390        | 20        | 2                 | 11          |
| Hearty Beef Pasta         | 8 oz         | 120      | 2.5           | 1360        | 13        | 1                 | 10          |
| Hearty Beef Stew          | 8 oz         | 120      | 2             | 1280        | 15        | 2                 | 9           |
| Hearty Chicken Pasta      | 8 oz         | 110      | 2.5           | 320         | 11        | 0                 | 10          |
| Homestyle Beef Noodle     | 8 oz         | 120      | 2.5           | 1330        | 14        | 1                 | 10          |
| Loaded Potato             | 8 oz         | 220      | 14            | 1780        | 10        | 0                 | 3           |
| Minestrone                | 8 oz         | 110      | 4             | 1320        | 12        | 2                 | 8           |
| Mushroom Chowder          | 8 oz         | 410      | 26            | 1620        | 38        | 1                 | 8           |
| Pasta Fagioli             | 8 oz         | 240      | 8             | 600         | 28        | 12                | 14          |
| Potato                    | 8 oz         | 270      | 16            | 800         | 26        | 1                 | 7           |
| Potato Sausage            | 8 oz.        | 280      | 16            | 1160        | 26        | 1                 | 8           |
| Potato W/ Bacon           | 8 oz         | 170      | 6.5           | 901         | 22.8      | NA                | 6.2         |
| Rigatoni/Spaghetti        | 8 oz         | 210      | 7             | 1280        | 22        | 3                 | 15          |
| Stuffed Cabbage           | 8 oz         | 280      | 12            | 1800        | 19        | 3                 | 22          |
| Stuffed Pepper            | 8 oz         | 250      | 10            | 1350        | 23        | 2                 | 18          |
| Tomato Florentine         | 8 oz         | 90       | 1             | 1060        | 17        | 1                 | 3           |
| Vegetarian Vegetable      | 8 oz         | 80       | 0             | 250         | 18        | 3                 | 3           |

|                  |      |     |      |      |      |    |     |
|------------------|------|-----|------|------|------|----|-----|
| Wisconsin Cheese | 8 oz | 280 | 16.6 | 1061 | 19.9 | NA | 9.2 |
|------------------|------|-----|------|------|------|----|-----|

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|------------------------|--------------|----------|---------------|-------------|-----------|-------------------|-------------|
| <b>Soup Bar Extras</b> |              |          |               |             |           |                   |             |
| Cheese Sauce           | 1/4 cup      | 60       | 2.5           | 450         | 8         | 0                 | 1           |
| Chili Sauce            | 2 oz         | 110      | 9             | 220         | 3         | 1                 | 4           |
| Haluski                | 6 oz         | 260      | 15            | 1280        | 28        | 3                 | 6           |
| Hossienda Beans        | 1/2 cup      | 140      | 1             | 680         | 29        | 2                 | 3           |
| Jalapeno Peppers       | 1 oz         | 8        | 0             | 0           | 2         | 1                 | 0           |
| Oyster Crackers        | 45 crackers  | 70       | 3             | 115         | 10        | <1                | 1           |
| Salsa                  | 2 Tbsp       | 15       | 0             | 230         | 3         | 1                 | 0           |
| Sour Cream             | 2 Tbsp       | 60       | 5             | 15          | 1         | 0                 | 1           |
| White Tortilla Chips   | 1 oz         | 150      | 7             | 85          | 15        | <1                | 1           |

Hoss's has made an effort to provide complete and current nutritional information, but changes in recipes and suppliers of our menu items mean that variations from these values can occur from time to time. Therefore, the values shown here should be considered approximations. In addition, guests who have food allergies or dietary needs should not rely solely on this information as a basis for deciding whether to consume a particular menu item.

\*We cook Using Trans Fat Free Oil!